

Brainspotting in Comparative Religio-Spiritual Perspective

Preface

- I. David's group – encouragement of exploration, “see what happens”
- II. Peters' work...

Introduction

- I. Rationale → thesis statement
 - A. Long history of Buddhist-Christian Studies
 1. Journal
 2. Course in Rochester
 - B. Psychotherapy integrating spirituality with Brainspotting
- II. Brainspotting lacks training specific to religio-spiritual caregivers
- III. Dissertation to serve as a model foundation for such training
- IV. Chapter Summaries

Chapter 1: Method & Design

- I. Social / Theological / Psychotherapeutic Location
- II. Western Questions, Western Design
 - A. Science and Religion
 1. Dialog or Debate (Peters' Review)
 2. “Hypothetical Consonance” and Dissonance
 - B. Pluralism and Particularity
 1. Mutually Exclusive Truth-Claims
 2. “World Theology” (Common Core)
 3. Comparative Theology
- III. Comparative Theological Method
 - A. Reading of Texts and Supporting material
 - B. Inter-religious dialog
 1. Educational
 2. Structured Interview
 - C. Personal experience / immersion
- IV. Dialog or Trialog?
- V. Limitations of the Study

Chapter 2: Brainspotting

- I. History & Development
- II. Theory
- III. Clinical Brainspotting (Practice)

Chapter 3: Christianity from a Lutheran Orientation

- I. History and Theology
 - A. Core Christian Beliefs
 - B. Luther & the Protestant Reformation
 - C. Lutheranism in the United States
- II. Lutheran Pastoral Theology – A Means of Grace
 - A. Creation & Redemption
 - 1. Embodiment
 - 2. Salvation (=healing)
 - B. Ecclesiology (Body of Christ)
 - C. Pastoral Caregiving Praxis
 - 1. Word & Sacrament
 - 2. Mutual Consolation
 - 3. Social Ministry

Chapter 4: Buddhism from a Zen Orientation

- I. History and Theology
 - A. Life of the Buddha and Core Buddhist Beliefs
 - B. Schools of Buddhism and the Zen Tradition
 - C. Soto Zen in the United States
- II. Zen Pastoral Theology – Contemplative Care

Chapter 5: Brainspotting in Comparative Theological Perspective

- A. Mass and Sangha Gathering
- B. Intercessory Prayer / Metta Meditation

Chapter 6: Conclusions, Implications, Further Questions

Glossaries

- Terms of Lutheran Pastoral Theology
- Terms of Zen Contemplative Care

Appendix I: Structured Interview for Pastoral Caregivers

Bibliography