# Erika Annette Lohmiller, PhD, LCPC, CADC, MISA II

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Associate Dean Faculty of Addiction Studies

Dr. Erika Lohmiller has a PhD from the International University of Graduate Studies in New York in Addiction Studies and Mental Health Counseling. Her Master's degree is in Deafness Rehabilitation Counseling from Northern Illinois University. Erika has been employed as a psychotherapist at the Illinois Masonic's Deaf and Hard of Hearing Program for the last 11 and half years. She has experience doing individual, group and family psychotherapy with Deaf and Hard of Hearing people and their families. She also has a successful private practice, working with people from all walks of life, which she enjoys. Dr. Lohmiller presents and teaches in the areas of behavioral health, working with special populations, and addictions. Erika is committed to encouraging emotional strength and healing.

## **Education and Certifications:**

Licensed Clinical Professional Counselor- Licensed in the State of Illinois since 1/01. (number 180-003960).

Certified Alcohol and Drug Counselor- Certified in the State of Illinois since 4/99. (number 17251).

Mental Illness and Substance Abuse Counselor- Level II- Certified in the State of Illinois since 7/00. (number 17251).

Doctor of Philosophy in Addiction Studies and Mental Health Counseling. International University of Graduate Studies. July 8<sup>th</sup>, 2005.

Master of Arts Degree- Deafness Rehabilitation Counseling. Northern Illinois University. 5/95.

Bachelor of Science Degree- Deafness Rehabilitation. Northern Illinois University. 8/93. Associate of Science Degree- Waubonsee Community College. 8/91.

Certificate- Clinical Training Program for Addictions Counseling. Completed 9/96. One year training program through Grant Hospital, Chicago, Illinois.

On over 70 managed care insurance panels.

Certificate- Minnesota Chemical Dependency Center for Working With People who are Deaf or Hard of Hearing Clinical Training Program. Completed 5/00. One year training program through the University of Minnesota and the Minnesota Chemical Dependency Program for the Deaf and Hard of Hearing.

Certificate- Post-Employment Training Administration of Programs Serving Deaf, Late-Deafened, and Hard of Hearing Adults. Completed 6/98. One year training program through San Diego State University.

Certificate – Working With People Who Have Chronic Mental Illness. Anixter Center's Training Institute. 1/95-5/95.

Certificate- Working With Adults Who Are Deaf-Blind. 2/95. Helen Keller National Center. Sands Point, New York.

Certificate- Rehabilitation Counseling With Deaf and Hard of Hearing Adults. 8/93. Western Oregon State College.

### **Professional Presentations:**

Presented at Charisma University, Turks and Caicos, 7/14 for Psychology Residency Program.

Presented various workshops for the Chicago School for Professional Psychology on Working With Students with Disabilities, and Addictive Family Systems.

Presented at the American Deafness and Rehabilitation Association in Pittsburgh, PA on Working with Deaf and Hard of Hearing Adults with Executive Functioning Disorders. 3/14

Presented for the University of Illinois' Gerontology and Addictions Certification Programs; 4/09, and 9/09. "Substance Abuse Treatment for Older Adults; Identification, Considerations, and Applications."

Presented for the International University for Graduate Studies doctoral residency program in St. Kitts; 7/05, 7/06, 7/07, 7/08, 7/09, 7/10, 7/12. Topics in mental health, counselor skills trainings, addictions trainings, and disability awareness.

Presented at Illinois Masonic Hospital, 12/06. Positive Psychology; Focusing on Strengths and Wellness.

Presented in St. Kitts 7/06, and at the IAODAPCA Spring Conference 3/07, 3/11. Presented this topic again at the International University of Graduate Studies residency program in St. Kitts 7/07, 7/10. "Motivational Interviewing; Creating Positive Change!"

Presented for the International University July 8<sup>th</sup>, 2005, and July 6<sup>th</sup>, 2006, July 2007,2009, 2010, in Basseterre, St. Kitts for the summer residency program. "Striving for the Extraordinary; Creative Relapse Prevention with Special Populations".

Presented at the Illinois Alcohol and Other Drug Abuse annual conference, April 19<sup>th</sup>, 2006, 2007, 2008, 2009, 2010, 2011 in Itasca, Illinois, and in Juncos, Puerto Rico 1/07.

Presented for the Association of Late-Deafened Adults, Oak Brook, Illinois. (2/25/06), and at the ALDA National Convention in St. Louis, MO. 10/06. "Emotional Issues for People With Hearing Loss, and How to Self-Advocate."

"Creative Communication Strategies with People Who are Deaf and Hard of Hearing". Presented for the International University July 8<sup>th</sup>, 2005 and July 7<sup>th</sup>, 2006, in Basseterre, St. Kitts for the summer residency program.

"Counseling Special Populations; Considerations for People with Disabilities". Presented for the 7/07 residency program for the International University of Graduate Studies.

Have done many presentations on disability issues and sign language instruction through the years with my employment at Illinois Masonic Hospital. Have presented on MISA and substance abuse issues for a variety of organizations. Have presented on Compassion Fatigue numerous times for doctoral programs.

"Creative Relapse Prevention". Presented at national conferences in Minneapolis, Minnesota (2/00), New Brunswick, New Jersey (5/00), and Portland, Maine (5/02).

Critical Incident Stress Debriefing EAP workshops contracted with Terry Hefter Associates, LLC. Have done trauma work, CISD's in a factory, corporate offices, banks, and clinics. Work with EAPs for many different insurance companies. Do mandated drug and alcohol evaluations, and have done trauma work for the Archdiocese of Chicago. Currently paneled on over 70 managed care companies.

### **Relevant Employment Positions:**

Current: Private Practice. 155 N. Michigan Ave, Suite 570, Chicago, Illinois 60601. Psychotherapy mental health and substance abuse private practice. <a href="https://secure.sussexdirectories.com/rms-sec/prof-det.php">https://secure.sussexdirectories.com/rms-sec/prof-det.php</a>

Northern Illinois University, DeKalb, Illinois. Taught an online Research and Statistics course for undergraduate Health and Human Services students. Fall semester, 2015, 2016, and 2017.

Gallaudet University, Washington DC. Taught Cycle of Substance Abuse to MA candidates, online, as an Associate Adjunct Professor. Developed and implemented this course, and taught this course for the Summer Semester, 2013 and 2014 and 2015. Created, and taught an online Psychology of the Lifespan to Graduate level School Counseling Program students, Fall Semester 2014. Developed and taught online Substance Abuse Prevention for School Social Workers course for Masters level School Counseling students, Fall 2015, 2016 and 2017.

Current- International University for Graduate Studies. Faculty visiting professor and Assistant Dean for the Addictions Study Program. 1/1/09-current. Developed an online

addictions class for students pursuing a graduate degree. Mentored three Doctoral Candidates who completed their dissertations.

Current- Illinois Masonic's Behavioral Mental Health Center. 938 W. Nelson Chicago, Illinois 60657. (773) 296-3260.

Staff Psychotherapist. 2/98-current. Staff psychotherapist for the Deaf and Hard of Hearing Program.

Past- Chicago School for Professional Psychology. Chicago Campus, 325 N. Wells St. and 222 Merchandise Mart Chicago, Illinois 60654 (312) 329-6600. Adjunct Assistant Professor. 1/1/10-last class taught fall 2013. Taught graduate level courses in Introduction to Addictions, Evaluation and Treatment of Addictions, Interviewing Skills I. Taught Introduction to Addictions and Internship and Practicum Seminar. Have taught these courses on-ground, online, and blended.

Past- Private Practice- Terry Hefter Associates, LLC. 1731 N. Marcey, Suite #535, Chicago, Illinois 60614. (312) 280-1166. Group staff psychotherapist. 9/1/04-8/31/15. Individual and Couples psychotherapy with over 50 different insurance and EAP companies. CISD presentations at various companies, Chemical dependency and gambling and wellness assessments. Current caseload of over 50 patients.

Past- Hazelden Foundation of Chicago. 867 N Dearborn, Chicago, Illinois 60610. On-Call Counselor Consultant. 2/1/05-3/1/06.

Past- Anixter Center's Addiction Recovery Center of the Deaf. 1706 N. Kedzie Chicago, Illinois 60647. (773) 227-8530. 8/95-4/04. Started working as a full time outpatient, then inpatient addiction counselor, and then a contractual clinical consultant.

Past- Anixter Center's Oakley CILA. 6140 N. Oakley Chicago, Illinois. (773) 465-6900. Residential House Manager. 1/95-8/95.

Past- Discovery Center. 773-348-8120. 2940 N. Lincoln Avenue Chicago, Illinois 60657. Sign Language Instructor for basic sign language class. 1/01/2000-12/2004.

Past- Northern Illinois University, Campus Activity Board. DeKalb, Illinois. Sign Language Instructor. 1994-1996.

Past- Northern Illinois University's Research and Training Center for Traditionally Underserved Adults who are Deaf. Research Assistant. 11/93-12/94.

#### **Additional Skills:**

Fluent in American Sign Language, and have some basic Spanish speaking skills. Have knowledge of JACHO and CARF policies and procedures. Served on a marketing and auditing team at Illinois Masonic Medical Center. Have attended and presented in many

workshops and trainings regarding disability rights, psychosocial aspects, and mental health and substance abuse and trauma issues. Have had some supervisory experience with my current position with our program's psychology interns and externs. Currently interested and doing more work with presenting and training. Have developed curriculums and lesson plans for therapy and substance abuse groups. Familiar with EAP models and policies, and have conducted CISD seminars. Have received training and certification for conducting EMDR therapy.

Through the years have worked with various college counseling departments on behalf of patients and clients.